

Help Keep ADHD in Check This Summer

As a caregiver, this checklist can help ease the transition between school years and may help keep your child on a schedule throughout the summer. It includes:

- Actions to take when the school year ends
- Simple steps to keep up with ADHD all summer long
- Prompts to help prepare for the new school year



Actor portrayal.

ADHD=attention deficit hyperactivity disorder.

What is AZSTARYS?

AZSTARYS is a central nervous system (CNS) stimulant prescription medicine for the treatment of Attention Deficit Hyperactivity Disorder (ADHD) in people 6 years of age and older. AZSTARYS may help increase attention and decrease impulsiveness and hyperactivity in people 6 years of age and older with ADHD.

It is not known if AZSTARYS is safe and effective in children younger than 6 years of age.

IMPORTANT SAFETY INFORMATION

Abuse, misuse, and addiction. AZSTARYS has a high chance for abuse and misuse and may lead to substance use problems, including addiction. Misuse and abuse of AZSTARYS, other methylphenidate containing medicines, and amphetamine containing medicines, can lead to overdose and death. The risk of overdose and death is increased with higher doses of AZSTARYS or when it is used in ways that are not approved, such as snorting or injection.

Please see additional Important Safety Information throughout, and click here for [Full Prescribing Information and Medication Guide.](#)



azstarlys [®] _{II}
serdexmethylphenidate
and dexmethylphenidate
26.1/5.2mg • 39.2/7.8mg • 52.3/10.4mg capsules

IMPORTANT SAFETY INFORMATION (continued)

- Your healthcare provider (HCP) should check you or your child's risk for abuse, misuse, and addiction before starting treatment with AZSTARYS. Tell your HCP if you or your child have ever abused or been dependent on alcohol, prescription medicines, or street drugs.
- AZSTARYS may lead to physical dependence after prolonged use, even if taken as directed by your HCP.
- Do not give AZSTARYS to anyone else because it may cause death or harm them. Keep AZSTARYS in a safe place to protect it from theft and properly dispose of any unused medicine.

AZSTARYS is a federally controlled substance (CII) because it contains dexamethylphenidate that can be a target for people who abuse prescription medicines or street drugs.

Who should not take AZSTARYS?

Do not take AZSTARYS if you or your child are:

- allergic to serdexmethylphenidate, methylphenidate, or any of the ingredients in AZSTARYS.
- taking or have stopped taking within the past 14 days a medicine used to treat depression called a monoamine oxidase inhibitor (MAOI).

AZSTARYS may cause serious side effects, including:

- **Risks for people with serious cardiac disease.** Sudden death has happened in people who have heart defects or other serious heart disease. Your HCP should check you or your child carefully for heart problems before starting treatment with AZSTARYS. Tell your HCP if you or your child have any heart problems, heart disease, or heart defects. **Call your HCP or go to the nearest hospital emergency room right away if you or your child have any signs of heart problems such as chest pain, shortness of breath, or fainting during treatment with AZSTARYS.**
- **Increased blood pressure and heart rate.** Your HCP should check you or your child's blood pressure and heart rate regularly during treatment with AZSTARYS.

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Summer Care Plan



Once school is out for summer...

- Discuss your child's current treatment plan or any modifications you wish to make with your child's doctor
- Evaluate your child's academic and social progress, noting the past year's successes and areas for improvement
- If your child needs a new or adjusted 504 or IEP for the new school year, identify who will be responsible for its implementation
- Review summer schoolwork requirements, activities, or camps, and map out a routine with your child

IEP=Individualized Education Plan.

IMPORTANT SAFETY INFORMATION (continued)

AZSTARYS may cause serious side effects, including: (continued)

- **Mental (psychiatric) problems, including:** new or worse behavior and thought problems, new or worse bipolar illness, new psychotic symptoms (such as hearing voices, or seeing or believing things that are not real), or new manic symptoms. Tell your HCP about any mental problems you or your child have, or about a family history of suicide, bipolar illness, or depression. **Call your HCP right away if you or your child have any new or worsening mental symptoms or problems during treatment with AZSTARYS, especially hearing voices, seeing or believing things that are not real, or new manic symptoms.**
- **Painful and prolonged erections (priapism).** Priapism has happened in males who take products that contain methylphenidate. If you or your child develop priapism, get medical help right away.

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Halfway through the summer...

- Make a list of desired accommodations for the school year (for example, classroom, assignments, test taking, medication, and others)
- Track your child's progress with summer schoolwork to ensure they're sticking to a routine
- Identify teachers with whom you can discuss accommodations and services, and start collaborating to ease the transition back to school
- Schedule your child's next doctor visit before the start of school

IMPORTANT SAFETY INFORMATION (continued)

AZSTARYS may cause serious side effects, including: (continued)

- **Circulation problems in fingers and toes (peripheral vasculopathy, including Raynaud's phenomenon).** Tell your HCP if you or your child have numbness, pain, skin color change, or sensitivity to temperature in the fingers or toes. Call your HCP right away if you or your child have any signs of unexplained wounds appearing on fingers or toes during treatment with AZSTARYS.
- **Slowing of growth (height and weight) in children.** Children should have their height and weight checked often during treatment with AZSTARYS. AZSTARYS treatment may be stopped if your child is not growing or gaining weight.
- **Eye problems (increased pressure in the eye and glaucoma).** Tell your HCP if you or your child have eye problems, including increased pressure in your eye, glaucoma, or problems with your close-up vision (farsightedness). Call your HCP right away if you or your child develop changes in your vision, eye pain, swelling, or redness.

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Final weeks before school starts...

- Email teachers your preferred accommodations and services that address your child's needs and learning style

- Meet with your child's doctor
 - Assess needs for the coming year and finalize your child's treatment plan
 - Discuss any observations from the summer months (for example, changes in behaviors or social interactions)



Actor portrayal.

IMPORTANT SAFETY INFORMATION (continued)

AZSTARYS may cause serious side effects, including: (continued)

- **New or worsening tics or worsening Tourette's syndrome.** Tell your HCP if you or your child get any new or worsening tics or worsening Tourette's syndrome during treatment with AZSTARYS.

Before taking AZSTARYS, tell your HCP about all medical conditions including if you or your child are pregnant or plan to become pregnant, because it is not known if AZSTARYS will harm the unborn baby, or are breastfeeding or plan to breastfeed, as AZSTARYS passes into breast milk.

Tell your HCP about all the medicines you or your child take, especially if you or your child take blood pressure medicines (anti-hypertensive). Do not start any new medicine during treatment with AZSTARYS without talking to your HCP first.

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Actor portrayal.

IMPORTANT SAFETY INFORMATION (continued)

What are the most common side effects of AZSTARYS?

The most common side effects of AZSTARYS include:

- decreased appetite
- nausea
- indigestion
- weight loss
- dizziness
- mood swings
- increased blood pressure
- trouble sleeping
- vomiting
- stomach pain
- anxiety
- irritability
- increased heart rate

These are not all the possible side effects of AZSTARYS. Call your HCP for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

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